**Multiple Intelligence:** Eight Ways to Be Talented

Read each statement. Record your rating for each statement below the corresponding number on your summary booklet. Use the following rating scale:

**1 (not at all like me) to 5 (definitely me)**

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| **Verbal / Linguistic 23** |
| 1. I like puns and other play on words. 42. I enjoy doing crossword puzzles and playing games like Scrabble. 43. I remember things exactly as they are said to me. 34. I like to take part in debates and discussions. 25. I prefer long and short written answers over multiple-choice responses. 26. I enjoy keeping a journal and/or writing stories and articles. 57. I like to read. 3 |

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| **Logical / Mathematical 23** |
| 1. I work best at an organized work area. 42. I enjoy math and/or science. 53. I keep a “things to do” list. 24. I enjoy brainteasers and games such as Jeopardy and Clue. 35. I like to ask “why” questions about issues and concerns. 46. I quickly grasp cause-and-effect relationships. 27. I am good at estimations. 3 |

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| **Visual / Spatial 24** |
| 1. I understand what colours work well together. 32. I enjoy solving jigsaws, mazes, and/or other visual puzzles. 43. I read charts and maps easily. 44. I have a good sense of direction. 45. I like to watch movies. 36. I have very vivid dreams. 37. I can anticipate the moves in a game plan (e.g. “hockey sense”). 3 |

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| **Interpersonal 23** |
| 1. I interact well with people. 32. I enjoy team sports rather than individual sports. 43. Being around people energizes me. 34. I like group activities better than ones I do alone. 45. I enjoy learning about different cultures. 36. I usually talk over my personal problems with a friend. 37. I enjoy sharing my ideas and feelings with others. 3 |

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| **Intrapersonal 25** |
| 1. I am a private person, and I like my private inner world. 42. I have a few close friends. 43. I have strong opinions about controversial issues. 34. I work best when the activity is self-paced. 35. I am not easily influenced by others. 36. I understand my feelings, and know how I will react to situations. 47. I understand that I am responsible for my own behaviour. 4 |

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| **Bodily / Kinesthetic 23**  |
| 1. I like to move, tap, or fidget when sitting. 52. I participate in extreme sports (snowboarding, mountain biking, etc.). 33. I tend to touch objects to examine their textures. 24. I am well coordinated. 35. I like working with my hands. 36. I prefer being physically involved to sitting and watching. 37. I understand better by doing (touching, moving, interacting). 4 |

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|  **Musical/ Rhythmic 14** |
| 1. I play music in my head. 22. I make up rhymes to remember things. 33. It is easy for me to follow the beat of music. 34. I like setting songs and poems to music. 25. I keep time when music is playing. 26. I can hear an off-key note. 1 7. I feel proud of my musical accomplishments. 1 |

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| **Naturalist 19** |
| 1. I have a collection (e.g. shells, mugs, rocks, hockey cards). 42. I notice similarities and differences in trees and flowers. 33. I am actively involved in protecting the environment. 24. I enjoy digging for artifacts and finding unusual items. 35. I like planting and caring for a garden. 16. I enjoy fishing and tracking. 27. I learn best when I can go on field trips – outdoors, or to museums. 4 |

\*\*\*Add up the ratings/points for each type of intelligence to determine your top intelligences.

**1.** Intrapersonal – 25

**2.** Visual – 24 **3.** Interpersonal, verbal, logical- 23